

1 September



august & september

Quiz Night

It's the big Quiz Night tonight in the church hall (1 September).

It grew to become one of the weekly highlights when we lived on Zoom. In fact we counted the weeks of the pandemic by the quizzes we had! But tonight you can see what our five quiz masters and mistresses look like ink the flesh who will lead us in a fabulous night of questions and quizzes.

Why not just pop along on your own or come as a group. There are massive prizes to be won and we will guarantee a great night. There will be tea and coffee and biscuits which no one got on Zoom.

Macmillan Coffee Day

3 September 2022 In the garden at 25 Gartconnell Road. There are still a few slots available. More information from kirsteen7@btinternet.com or phoning Kirsteen on 0141 942 7603.

The personalised Macmillan website for this particular coffee day can be found at thyg.uk/BUS007218768 and donations can be made through this page.

New Kilpatrick Food Bank

Guest Speaker

Sunday 4 Sept is Foodbank Sunday when we'll hear from Eileen Low of St Gregory's Food Bank, Maryhill - one of the charities we support along with Birth, Babies & Beyond, Anniesland.

Foodbanks are continuing to become vital for so many and we are lucky enough to be able to support a couple. Come and hear what an important thing food banks are and the partnership we are growing with St Gregory's.

You can drop off donations for either charity to the New Halls - Mon to Fri 9am to 2.30 pm or Sunday mornings. If you are housebound and wish to make a donation, one our team would be happy to collect from you. (Please contact Muriel Salmond on 0141 942 8484).

Tinned food - meat, fish, rice, custard, fruit etc. (no fresh perishable food please) Baby essentials - formula, food pouches, nappies, baby cream, wipes etc.

Enquirers' Class

What does it mean to be part of a church? What do we actually believe? How did the Bible get to be in the shape it is? Is it all true? How does the church work?

We're offering three one-hour discussions about what it means to journey with the church in faith. We won't fill you with answers because we know its the questions that hold the faith.

We are running these after church, starting this Sunday, the 4th, then the 11th and 18th September for an hour in the chapel. If you are interested, you can let the minister know:

<u>roddy.hamilton@churchofscotland.org.uk</u> or just come along at 11.30-12.30.

Bearsden Festival



9-11 September

A long, long time ago there was a shark. It knew not that it was going to become famous; so famous the good people of Bearsden would name it after them and come to love it as one of their own. In fact, it turned out to be one of a kind, which made it even more famous. It found its way to the Manse Burn and there it lived for 100's of millions of years undisturbed.

But one day, it revealed its last hiding place, and it grabbed the imagination so deeply that poets crafted verse about it, authors wrote books about it, universities taught about it, dances were created about it, pictures were taken, and films made of it.

And it all comes together on one unique weekend in September. Between the 9th and 11th of September, Bearsden Festival will retell the story of the Bearsden Shark in a plethora of different ways. Posters are around the church and the details are below. All events are free, but tickets are required for some from Eventbrite. You can pop over to the festival website

(https://www.bearsdenfestival.org/) for all the details and easy access to the tickets.

Friday 9th September

A Celebration of Edwin Morgan who wrote about the Bearsden Shark 7.30pm. New Kilpatrick Church Hall.

This is a unique evening with a gathering of experts and artists and storytellers. They will share poetry and music and theatre with a cellist and actors. We'll have live conversation with the biographer of Edwin Morgan and an expert who has studied his story and poetry. Quite a significant and unique night. Never before have all these folk and words and music come together to celebrate Bearsden's most famous writer. Please do join us.

Saturday 10th September

10am-3pm Doors Open Day at New Kilpatrick Church organised by our Heritage group plus, in the same space, an almost life-sized shark, information about the finding of the shark 40 years ago and an art exhibition from local schools.

All day

A family fun **treasure hunt**, beginning in the church and going round the cross with goodie bag prizes.

10-1pm

Make Your Own Shark **Willow Workshops** at 10am and 1pm in the church hall.

7.30-9.30 In the evening a **Gala Film Screening** 7.30pm in Bearsden Baptist Church, of films made by local Bearsden families and young people at special workshops a few weeks ago. Animations, dramas, and documentaries, including Bearsden Memories with a few well-kent faces. A red-carpet community event.

Sunday 11th September

An Afternoon of **Wellness 30-minute Taster Sessions** for all ages and all free.

1.30-2.00: SingSong!

Sing, breathe and feel good with familiar tunes for all ages and dementia-friendly

2.15-2.45: Workshop on Wellness 1 Coping with Anxiety for you and yours. 16+

3.00-3.30: Music-Making

Get in touch with the rhythm of life! For all ages. No experience necessary.

3.45-4.15: Workshop on Wellness 2 Better Sleep for you and yours. 16+

4.30-5.00: Gentle Yoga

Introduction to mat-based practice. 16+

5.15-5.45: Gentle Yoga

Introduction to chair-based practice. 16+

6.00-6.30: Workshop on Wellness 3 Coping with Stress for you and yours 16+

7.00 – 8.00pm: Labyrinth an ancient, meditative spiritual practice. Drop in, walk, breathe, feel better.

Plus Drop in between 2.00pm – 4.00pm for:

Knit Yourself Calm one-to-one instruction or a chance to knit together

Mindful Art create something simple and beautiful. All materials provided.

If you would like to take part, then go to the Festival website (www.bearsdenfestival.org/) which has easy access to all events. If you would like to volunteer to help steward, or put together the goodie bags then please speak to Roddy Hamilton.

It is a weekend of community engagement, storytelling and experiencing together an ancient tale with lots of modern twists. Something for every age group.

Daybreak NK's group for those with a degree of memory loss.

We've never been needed more! Daybreak now has a waiting list of folk who would like to attend but are unable to do so because we don't yet have all the volunteers we need. Would you be able to help, fortnightly, 1.30 - 3.30 on a Thursday? We are all becoming more and more aware that the support our communities need is coming more from its volunteers than its agencies and the church is, once more, playing an increasing role in that.

If you might think about helping out, please speak to Morven White for more information or what it might entail (942 6963, morven.white@yahoo.co.uk).

You are all fabulous. Thank you for all the support and encouragement you already bring. Volunteering with Daybreak brings extra fabulousness!

1st Bearsden Boys' Brigade

The 1st Bearsden Boys' Brigade start their new session and are currently welcoming new members to all of their sections.

Anchor Section: 5-8 Years of AgeJunior Section: 8-11 Years of Age

Company Section: 11-14 Years of Age

• Senior Section: 14-18 Years of Age

WHAT: The Boys Brigade provide opportunities for children and young people to learn, grow and discover in a safe, fun and caring environment

WHERE: 1st Bearsden Boys' Brigade, BB Hall, Kirk Pl, Bearsden, Glasgow G61 3RG

WHEN: Anchors = Monday | Juniors = Thursday | Company & Seniors = Friday

WHY: Have fun. Meet new people. Express yourself!

For more details please visit our Website/Facebook page https://www.1stbearsdenbb.org/
Or contact us at - info@1stbearsdenbb.org

Diary

Thursday 1st Daybreak, church hall, 1.30pm. Quiz Night, church hall, 7.30pm

Sunday 4th

Morning Worship. In the sanctuary at 10.30am. **Sunday Clan** for 3 years-P7

Monday 5th

Friendship Group 10.30am, church hall.

Tuesday 6th

Campus Group Meeting, 7.30pm, church hall

Wednesday 7th

Midweek service at 11am in the church hall,

Thursday 8th

Daybreak, church hall, 1.30pm.

Friday 9th – Sunday 11th Bearsden Festival www.bearsdenfestival.org