

New Kilpatrick

Wee Bulletin



29 September

This Sunday is Harvest Sunday

All donations from our Harvest Service will be divided between our Food Bank charities this year - St. Gregory's in Maryhill and Birth, Baby & Beyond, Anniesland.

Suggested items below (no perishable food please):

Longlife milk, custard, rice pudding, marmalade, jam, biscuits

Tins of macaroni & cheese, curry, stew, spaghetti, fruit

Baby essentials - formula, food pouches, nappies, cream

If you would prefer to give a monetary donation, please place it in a sealed envelope marked with the charity's name.

The New Halls are also open for donations - Mon - Fri (9am to 2.30 pm).

If you are housebound and would still like to donate, please contact Muriel Salmond on 942 8484.

Christian Aid

LONDON MARATHON AND HARVEST APPEAL FOR CHRISTIAN AID

Last Sunday we enjoyed hearing from Jean Wilson and her endeavour to run the London Marathon for Christian Aid, and this Sunday she will be in London running that very marathon! Sunday is also Harvest so, as we said in the previous bulletin, we have decided to combine Jean's Christian Aid appeal with the normal Christian Aid Harvest appeal.

Should you wish to donate you can give directly to Jean's [JustGiving page](#), (just click [Justgiving](#)), or directly into the church account - (reference - Christian Aid) NAME: New Kilpatrick Parish Church, SORT CODE: 80-05-57, ACCOUNT NUMBER: 00701598 or hand your donation into the church or pop it through the manse letterbox.

This Sunday we will also have the red Christian Aid buckets in the church porches to give another opportunity to donate.

We wish Jean well for Sunday and, as always, thank you in advance for your generosity.

EDVA Befriending Service

After morning worship this Sunday, Alyson Softley and Brian McDermott will visit us in the church hall to raise awareness of the befriending service East Dunbartonshire Voluntary Action offer to the adult population.

Alyson has information on what is offered for young people.

The main aim is to encourage anyone to come forward who would like to volunteer as there is less volunteering in the local area than elsewhere in the county.

They are missing men coming forward and this is something Alyson is especially concerned about.

Sunday Evening Services

We meet every Sunday, 6.30pm in the New Halls and enjoy some time together as we explore varying different styles of worship such as Desert Island Hymns, a Healing Service, a Reflective Service, Meditation / Taizé Style and a Labyrinth. We hope you can join us.

Something Different for S1-S3

Building Towers: doing something different with our own versions of the Empire State, the Shard and the Burj Khalifa. We meet again this Sunday at 7.15pm in the church hall.

If you know anyone in S1-S3, please let them know of this group as we would be thrilled to see many more young people come along and enjoy all the events we have planned over the coming months.

If you have any questions, please speak to Alex or Roddy.

Friendship Group

The Friendship Group meets monthly on Mondays in the church hall walkround from 10.30am-12noon.

It is a chance for those who have been bereaved to drop in for coffee/tea and a friendly chat with others in similar circumstances.

The next meeting is this Monday, 3 October.

The Guild

The Guild starts its new season this Tuesday, 4 October, at 1.30pm in the church hall.

This will be a singalong in a joint meeting with **SingSong!**

All welcome: both members and those who would like to come along and keep warm on a Tuesday afternoon. We are looking forward to welcoming some men too.

SingSong!

SingSong's meeting on Tuesday 4 October at 1.30pm will be a joint meeting with the Guild. All are welcome.

Think Again

This Tuesday at 7.30pm, we have our open discussion evening, where we take contemporary topics and discuss them.

We begin with the question: can we let the church die? What's worth holding onto? We're in exile so what do we value most that helps us understand who we are? What stories do we hold on to that will lead us to a creative reimagining of the Kingdom of God?

Easy! It is an honest place to debate and wonder and argue our case from all sides.

Every second Tuesday, 7.30 in the Walkround. In future discussion we'll be thinking about what 'Christianity' actually is, about equal marriage and about creation.

YouTube Worship

Coffee and worship still go together as the video is still being produced each week.

So, if you aren't able to come along to the service, the video is still waiting for you from the website, along with the podcast and phone line service.

Indeed, even if you are at the service in the sanctuary, you can enjoy it all over again online in a more relaxed and informal setting. The manse garden is still the background, and you can guess which day it was recorded by taking note of weather conditions.

We have a number of people still watching, but interestingly, the vast majority are not local. We have a broad congregation from other parts of Scotland, down south and even a few global visitors too.

Bible for Duffers

There are no experts and we're all learners. In fact, we have decided to call this Bible for Duffers just to prove the point.

We simply explore, honestly, the passages that we will meet on a Sunday morning.

Both Alex and Roddy will lead this every fortnight on a Tuesday evening at 7.30 in the hall walkround. The next meeting is Tuesday 11 October at 7.30pm.

We're not scared of questions and certainly happy when people honestly say they found something hard or impossible to believe.

Equally ready to dive into the stories we know so well and have held so close for all our days.

Come and explore with us, for it genuinely is an exploration without the answers!

New Wellbeing Group

Save The Date!!

Following on from the wellbeing events held during the Bearsden festival, we are delighted to announce our first Wellbeing Session taking place on **Monday 24th October**.

Our venue will be Massimo Restaurant in their new private dining area.

Meeting at 7.30pm, we will have space to discuss certain areas around self-care, mental health, and general wellbeing. This will be an informal gathering for anyone to attend so share the event far and wide.

Our guest speaker on the evening will be Adele MacCallum, who is a Cognitive Behavioural Therapist (The Little Place of Light Counselling and CBT services). Adele specialises in treating Anxiety and will join us to share some of her vast knowledge and experience of working with Anxiety and promoting overall wellbeing.

We hope you can come along and join us.

Bulletin

We'll be cutting back on the number of postings of the Bulletin from October, offering a bulletin every fortnight. We're aware that the more often it arrives, the less often people read it! So, the next bulletin will come out 13th October.

Diary

Thursday 29th

Daybreak, church hall, 1.30pm.

Heritage Group, church hall, 7.30pm

Friday 30th

Coffee Pot, 10.30am in the church hall.

Sunday 2nd

Harvest Morning Worship in the sanctuary at 10.30am

Sunday Clan for 3 years-P7

EDVA Befriending Service

11.30am church hall.

Evening Service in the church hall at 6.30pm

Something Different 7.15pm church hall

Monday 3rd

Friendship Group 10.30am church hall

Tuesday 4th

Guild and SingSong! 1.30pm church hall.

Think Again Discussion Group

7.30pm in the church hall.

Wednesday 5th

Midweek service at 11am in the church hall, followed by coffee and cake.

Thursday 6th

Daybreak, church hall, 1.30pm.

Friday 7th

Coffee Pot, 10.30am, church hall.

Sunday 9th

Morning Worship 10.30am in the sanctuary, led by Alex MacCallum

Short Communion 11.30am in the sanctuary.

Evening Service 6.30pm in the hall.

Tuesday 11th:

SingSong! 1.30pm in the hall.

The Bible for Duffers 7.30pm in the hall.

Wednesday 12th:

Midweek Service at 11am in the hall

Thursday 13th:

Daybreak 1.30pm in the hall

