

New Kilpatrick

Wee Bulletin



8 September

Bearsden Festival

BEARSDEN
FESTIVAL

Friday 9 – Sunday 11 September

A long, long time ago there was a shark. It knew not that it was going to become famous; so famous the good people of Bearsden would name it after them and come to love it as one of their own. In fact, it turned out to be one of a kind, which made it even more famous. It found its way to the Manse Burn and there it lived for 100's of millions of years undisturbed.

But one day, it revealed its last hiding place, and it grabbed the imagination so deeply that poets crafted verse about it, authors wrote books about it, universities taught about it, dances were created about it, pictures were taken, and films made of it.

And it all comes together this weekend. Between the 9th and 11th of September, Bearsden Festival will retell the story of the Bearsden Shark in a plethora of different ways. Posters are around the church and the details are below. All events are free, but tickets are required for some from Eventbrite. You can pop over to the festival website (<https://www.bearsdenfestival.org/>) for all the details and easy access to the tickets.

Friday 9th September

A Celebration of Edwin Morgan who wrote about the Bearsden Shark 7.30pm. New Kilpatrick Church Hall.

This is a unique evening with a gathering of experts and artists and storytellers. They will share poetry and music and theatre with a cellist and actors.

We'll have live conversation with the biographer of Edwin Morgan and an expert who has studied his story and poetry. Quite a significant and unique night. Never before have all these folk and words and music come together to celebrate Bearsden's most famous writer. Please do join us.

Saturday 10th September

10am-3pm Doors Open Day at New Kilpatrick Church organised by our **Heritage group** plus, in the same space, an almost life-sized shark, information about the finding of the shark 40 years ago and an **art exhibition** from local schools.

All day

A family fun **treasure hunt**, beginning in the church and going round the cross with goodie bag prizes.

10-1pm

Make Your Own Shark **Willow Workshops** at 10am and 1pm in the church hall.

7.30-9.30 In the evening a **Gala Film Screening** 7.30pm in Bearsden Baptist Church, of films made by local Bearsden families and young people at special workshops a few weeks ago. Animations, dramas, and documentaries, including Bearsden Memories with a few well-known faces. A red-carpet community event.

Sunday 11th September

An Afternoon of **Wellness 30-minute Taster Sessions** for all ages and all free.

1.30-2.00: SingSong!

Sing, breathe and feel good with familiar tunes for all ages and dementia-friendly

2.15-2.45: Workshop on Wellness 1

Coping with Anxiety for you and yours. 16+

3.00-3.30: Music-Making

Get in touch with the rhythm of life! For all ages. No experience necessary.

3.45-4.15: Workshop on Wellness 2

Better Sleep for you and yours. 16+

4.30-5.00: Gentle Yoga

Introduction to mat-based practice. 16+

5.15-5.45: Gentle Yoga

Introduction to chair-based practice. 16+

6.00-6.30: Workshop on Wellness 3

Coping with Stress for you and yours 16+

7.00 – 8.00pm: Labyrinth an ancient, meditative spiritual practice. Drop in, walk, breathe, feel better.

Plus Drop in between 2.00pm – 4.00pm for:

Knit Yourself Calm one-to-one instruction or a chance to knit together

Mindful Art create something simple and beautiful. All materials provided.

If you would like to take part, then go to the Festival website (www.bearsdenfestival.org/) which has easy access to all events. If you would like to volunteer to help steward or put together the goodie bags, then please speak to Roddy Hamilton.

It is a weekend of community engagement, storytelling and experiencing together an ancient tale with lots of modern twists. Something for every age group.

Daybreak

NK's group for those with a degree of memory loss.

We've never been needed more! Daybreak now has a waiting list of folk who would like to attend but are unable to do so because we don't yet have all the volunteers we need. Would you be able to help, fortnightly, 1.30 - 3.30 on a Thursday? We are all becoming more and more aware that the support our communities need is coming more from its volunteers than its agencies and the church is, once more, playing an increasing role in that.

If you might think about helping out, please speak to Morven White for more information or what it might entail (942 6963, morven.white@yahoo.co.uk).

You are all fabulous. Thank you for all the support and encouragement you already bring. Volunteering with Daybreak brings extra fabulousness!

New Kilpatrick Food Bank

A big "thank you" to everyone who donated so generously to our Foodbank.

Our speaker on Sunday said how delighted St. Gregory's were to have our support. Also, our other Charity, Birth, Babies and Beyond at Anniesland, expressed much appreciation for our continued support.

The New Halls are open for donations Monday to Friday (9 a.m. to 2.30. p.m.) or Sunday mornings.

Some suggestions: Longlife milk, rice pudding, jam or marmalade, biscuits, custard.
Tinned macaroni & cheese, curry, stew and spaghetti.
Tinned fruit.
Baby essentials - formula, food pouches, nappies, baby cream.

HOUSEBOUND? If you would like to donate, one of our team will be happy to collect from you. (Please contact Muriel Salmond on 942 8484).

Both of our Charities, St. Gregory's and Birth, Baby and Beyond, would also be happy to receive any monetary donations.

Summer Postcards

A big thank you to all who handed in, wrote, or delivered postcards. As a result, we managed to make contact with about 650 people in the community and there has been very good feedback.

The Annual Review of Giving

Elders will be calling shortly with the annual review of giving, and, if you are comfortable, you can invite the elder to come in and should feel free to ask the elder to wear a face covering if that would make you feel safer in doing so.

Enquirers' Class

**What does it mean to be part of a church?
What do we actually believe? How did the Bible get to be in the shape it is? Is it all true?
How does the church work?**

We're offering two more one-hour discussions about what it means to journey with the church in faith. We won't fill you with answers because we know it's the questions that hold the faith.

We are running these after church, again this Sunday, the 11th and then 18th September for an hour in the chapel. If you are interested, you can let the minister know: roddy.hamilton@churchofscotland.org.uk or just come along at 11.30-12.30.

1st Bearsden Boys' Brigade

The 1st Bearsden Boys' Brigade start their new session and are currently welcoming new members to all of their sections.

- Anchor Section: 5-8 Years of Age
- Junior Section: 8-11 Years of Age
- Company Section: 11-14 Years of Age
- Senior Section: 14-18 Years of Age

WHAT: The Boys Brigade provide opportunities for children and young people to learn, grow and discover in a safe, fun and caring environment

WHERE: 1st Bearsden Boys' Brigade, BB Hall, Kirk Pl, Bearsden, Glasgow G61 3RG

WHEN: Anchors = Monday | Juniors = Thursday | Company & Seniors = Friday

WHY: Have fun. Meet new people. Express yourself!

For more details please visit our Website/Facebook page

<https://www.1stbearsdenbb.org/>
Or contact us at - info@1stbearsdenbb.org

Christian Aid

NOT the Erskine Bridge Cross, NOT the Virtual Kiltwalk BUT THE LONDON MARATHON.....

You may have been wondering what happened to the Erskine Bridge Cross for Christian Aid this year or even the Virtual Kiltwalk for that matter. Well, unfortunately, neither are happening and the in-person Kiltwalk, around Scotland's major cities have taken their place, with huge success, I might add.

The Christian Aid committee had planned to do the Virtual Kiltwalk to be held in October so we were left with a dilemma - what to do instead? We then heard that Jean Wilson, a member of Bearsden Cross Church, is running in the London Marathon on 2nd October in support of Christian Aid. That obviously trumped any ideas we had of having a brisk stroll round Kilmardinny Loch!!!

So, our suggestion is that we at New Kilpatrick get behind Jean and give her our full support. Should you wish to donate she has a [JustGiving page](#), (just click [Justgiving](#)) or you can give, as before, directly into the church account (reference - Christian Aid) or just pop your donation into the church or through the manse letterbox.

Here's a wee word from Jean herself,

I have been fortunate to get a ballot place in the London Marathon on 2nd October this year. I have run six marathons and barring accidents this will be my seventh before I am seventy - a little milestone.

I don't run for charities since I would be asking the same folks; however, I will only run London once and decided to do a bit more and fundraise for Christian Aid.

I would really appreciate your support whether by donating or with your thoughts and prayers as I train and on the day.

Jean is going to come and speak to us during morning worship on Sunday 25th September and tell us all about her efforts. We look forward to welcoming her.

As ever thank you in advance for your generosity.

Coffee Pot

We're delighted to let you know that the Coffee Pot will reopen its doors on Friday 16th September. This has been a much missed event and we are excited to have it back once again for all to enjoy!

Come and enjoy time together with coffee and biscuits on Friday 16 September at the church hall from 10.am.

We're looking for a few more volunteers to be added to the rota. It is not as extensive as before, just three folk each week to help steward the tea and coffee, but it will normally be self-service, and you can help yourself to as much tea and coffee as you wish.

We can't wait to see you there!

Sunday Evening Services

Our evening services will resume from Sunday 18th September.

We meet at 6.30pm in the New Halls and enjoy some time together as we explore varying different styles of worship such as Desert Island Hymns, a Healing Service, a Reflective Service, Meditation / Taizé Style and a Labyrinth.

We hope you can join us as we would love to see you.

Probationer Update

I have now been with you all for over two months and cannot believe the time has passed so quickly.

It has been wonderful to meet so many of you and I have even managed to remember a few names! I want to thank you all for the warm welcome my family and myself have received.

Over the coming months I will be visiting some of you at home but feel free to come into the church office if you wish to speak to me at any point.

I have been deeply encouraged and amazed by all the work of the volunteers and staff at NK and I look forward to what the next year brings.

Every Blessing, Alex

Something Different

On Sunday 5th September, we had our first meeting of the new group aimed for those in S1-S3. The group enjoyed getting to know one another and making their ideal world out of Lego, crafts, and whatever else they could find!

We use this time to explore different themes in the Bible and each time we meet we do something different!

We meet again on Sunday 18th September at 7.15pm in the Church Hall.

If you know anyone in S1-S3, please let them know of this group as we would be thrilled to see many more young people come along and enjoy all the events we have planned over the coming months.

If you have any questions, please speak to Alex or Roddy.

Thinking Allowed

Cairns Church in Milngavie is once again launching their Thinking Allowed series.

The first lecture will take place on 15th September at 7.30pm for an 8pm start. A glass of wine or soft drink will be served.

The theme that the Rev Andrew Frater will be discussing is "Christianity Today – Time to recast the mould?"

Cairns Church, 11 Buchanan Street, Milngavie, G62 8AW.

(Please note there is a planned rail strike due to take place on 15th September so please check for updates before travel)

Diary

Thursday 8th

Daybreak, church hall, 1.30pm.

Friday 9th

Bearsden Festival

A Celebration of Edwin Morgan 7.30 church hall

Saturday 10th

Bearsden Festival

Open Day, church, 10am – 3pm

Shark Willow Workshop, 10am & 1pm, church hall

Gala Film Night, Bearsden Baptist Church, 7.30pm

Sunday 11th

Morning Worship. In the sanctuary at 10.30am.

Short Communion, 11.30am in the church

Enquirers' Class after morning worship

Sunday Clan for 3 years-P7

Bearsden Festival Labyrinth 7pm

Bearsden Festival

Wellness Taster Sessions, 1.30pm onwards, church hall

Wednesday 14th

Midweek service at 11am in the church hall,

Thursday 15th

Daybreak, church hall, 1.30pm.

Friday 16th

Coffee Pot, 10am, church hall.